

## **CURRICULUM AWARENESS JOURNAL**

**30<sup>TH</sup> AUGUST 2025** 



Nest International exist to provide a safe environment for toddlers and preschool children.

Our focus is to provide an early learning and child care experience which promotes physical, cognitive, social and emotional development to each child.

Our goal is to support and nurture the children to be life-long learners.

We committed to the families we serve, providing support and encouragement.



The purpose of Nest International is to provide and promote high quality, affordable and accessible early learning and child care programs to meet the needs of children and families we service.



#### **Positive Relationship:**

We believe that quality of care we provide is measured by the quality of relationship we have with children, families, employees, school boards and legislators. We committed to ensuring these relationships are respectful.

## **Life Long Learning:**

We put ourselves on the same level as the child's and commit to our own professional development and personal growth. We learn alongside the children and their families and embrace the opportunity to learn and grow each day.

## OUR PROGRAMME

Our programme will foster active learning, provide support and a child friendly environment.

- We strive for excellence.
- · We aim to improve educational outcomes for children and parents.
- We respect and provide support for all families in our care.
- · We foster innovation and creative ability.
- We inspire and influence a better foundation for every child who will come to our school.
- We believe every child is unique and deserves to be given opportunities to grow in a safe environment.
- · We communicate effectively and productively.
- . We respect and appreciate diversity.
- \* We actively listen and seek to understand.

At Nest International Daycare and Nursery School we offer EYFS curriculum and Montessory curriculum.



## In nutshell, In Early Years Foundation stage:

- All children deserve the care and support they need to have the best start in life. Children learn and develop at a faster rate from birth to five years old than at any other time in their lives, so their experiences in early years have a major impact on their future life chances. A secure, safe, and happy childhood is important in its own right. Good parenting and high-quality early learning provide the foundation children need to fulfil their potential.
- The EYFS sets the standards that all early years providers must meet to ensure that children learn and develop well and are kept healthy and safe. It promotes teaching and learning to ensure children's 'school readiness' and gives children the right foundation for good future progress through school and life.
- The EYFS is about what children learn, as well as how they learn. Effective practice is a mix of different approaches. Children learn through play, by adults modelling, by observing each other, and through adult-guided learning.
- The EYFS seeks to provide:
  - Quality and consistency in all early years settings, so that every child makes good progress, and no child gets left behind.
  - · A secure foundation through planning for the learning and development of each individual child and assessing and reviewing what they have learned regularly.
  - $\cdot\,$  Partnership working between practitioners and with parents and/or carers.
  - Equality of opportunity and anti-discriminatory practice, ensuring that every child is included and supported

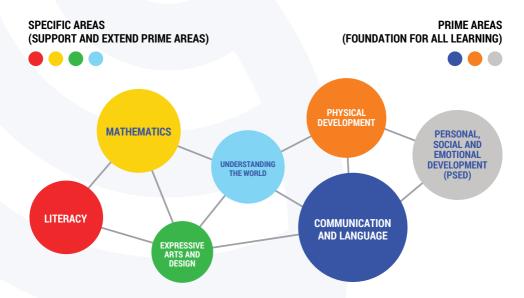
## **Learning and Development Requirements for Childminders (EYFS)**

The EYFS learning and development requirements are grounded in evidence on how young children learn and are designed to prepare them with essential skills, knowledge, and attitudes for both current and future success.





The EYFS framework defines seven inter-connected areas of learning:



## COMMUNICATION AND LANGUAGE

Emphasizes rich, interactive dialogue between adults and children. High-quality conversations, storytelling, and a language-rich environment enhance vocabulary and cognitive growth.

#### LITERACY

Develops a lifelong love of reading. Key components include language comprehension, word recognition, and writing through storytelling, rhymes, and shared reading experiences.

## PERSONAL, SOCIAL AND EMOTIONAL DEVELOPMENT (PSED)

Focuses on helping children manage emotions, build self-confidence, and form positive relationships. Strong attachments and social skills learned through guided interaction support long-term well-being.

#### UNDERSTANDING THE WORLD

Guides children in exploring their environment and community through visits, stories, and real-world experiences. This builds cultural awareness, vocabulary, and curiosity about the world.

## EXPRESSIVE ARTS AND DESIGN

Fosters creativity and imagination through frequent engagement with art, music, movement, and role play. These activities help children express themselves and build communication skills.

## PHYSICAL DEVELOPMENT

Supports gross and fine motor skill development through active play and movement. Activities like crawling, climbing, and small tool use foster coordination, strength, and early literacy readiness.

#### **MATHEMATICS**

Encourages strong number sense and spatial reasoning through counting, recognizing patterns, and using manipulatives like pebbles and number frames. Positive attitudes toward problem-solving are promoted.

## EDUCATIONAL PROGRAMMES AND TEACHING APPROACHES

Each area of learning is supported by high-level curriculum goals known as educational programmes, designed to ensure that children engage in meaningful and varied experiences.

Childminders are encouraged to create environments that support exploration, discovery, and language development.



PLAY IS CENTRAL TO THE TEACHING APPROACH

Children learn best through self-directed play and guided activities that are planned based on their individual interests and developmental needs. Childminders must create secure routines and warm interactions to stimulate learning and emotional growth.

# CHARACTERISTICS OF EFFECTIVE TEACHING AND LEARNING

Childminders should promote and reflect on the following three key characteristics:

#### PLAYING AND EXPLORING

Children try new things and investigate.

## CREATING AND THINKING CRITICALLY

Children generate ideas, make connections, and find solutions.

### **ACTIVE LEARNING**

Children stay focused, show persistence, and take pride in achievements.





## EXTRACURRICULAR ACTIVITIES INTRODUCED IN 2024



#### **TAEKWONDO**



This Teakwondo martial arts program promotes discipline, focus, and self-confidence. It also supports physical development through structured movements and exercises.



#### **SWIMMING**

Swimming was introduced to help children develop water confidence, improve physical strength, and learn essential water safety skills through fun and engaging lessons.

Music sessions encourage creativity, listening, and self-expression. Children explore sounds, rhythm, and instruments, which enhances their cognitive and emotional growth.

UPCOMING EXTRACURRICULAR ADDITIONS

## **FRENCH LANGUAGE**

We will soon introduce French as a new extracurricular activity to give children a foundation in a second language. The sessions will focus on basic vocabulary, conversational skills, and cultural awareness through interactive and play-based learning.

## **SPORTS**

An expanded sports program is also planned to offer more variety in physical activities. This will include team games and individual sports designed to build coordination, teamwork, and a healthy lifestyle.



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### **Registered by**

Ministry of Education Science and Technology.

## Internationally

Nest International DayCare and Nursery School is fully registered and recognized by the International Association for Quality Assurance in Pre-Tertiary and Higher Education (QAHE).

